

## **2024 Covenant Health Knoxville Marathon – Virtual Events**

### **The 2024 Covenant Health Knoxville Marathon is proud to include Virtual Options!**

Participants who want to participate remotely in the 2024 event can do so through our virtual event options. This allows for participants to complete their mileage on their own at the place of their choosing; bike trail, neighborhood, treadmill, and more! This also enables them to complete their mileage on their time during race week (March 31-April 7, 2024). We have Virtual Event options for the marathon, half marathon, 5k, relay, and kids run.

### **Registration**

Participants who wish to register for a virtual event can do so by selecting their event from the drop down menu on the marathon's registration page (for example: "Marathon – Virtual Edition"). Here is a direct link to registration:

<https://runsignup.com/Race/TN/Knoxville/KnoxvilleMarathon>

### **Fittest Company Challenge and Fittest School Challenge**

Participants in the Virtual Events also count toward their company or school total for the Fittest Company or Fittest School Challenge! Just be sure and include your Company/School during the registration process.

### **Instructions for Submitting Virtual Results**

Thank you for participating in the 2024 Covenant Health Knoxville Marathon - Virtual Edition! We have received many questions about where, when, and how to submit results.

**When:** You'll be able to submit your virtual results starting on Sunday, March 31, at 12:01 a.m. You can submit your results until Sunday, April 7, at 11:59 p.m. Be sure and submit your results during the week-long window!

**Where:** Go to our Runsignup.com event page found [here](#) and click on "Submit Virtual Results" button.

*("here" hyperlink will go to: <https://runsignup.com/Race/Results/14547>)*

**How:** Submitting your virtual results is very user friendly. You can input your data manually, or you can choose to upload your data from your third party service (Garmin, Strava, etc.). However, if you need assistance, click [here](#) for a thorough article by Runsignup.com that explains step by step how to submit your results.

*("here" hyperlink will go to:*

*<https://help.runsignup.com/support/solutions/articles/17000087349-submit-and-manage-virtual-results>)*

NOTE: If your third party service tries to upload a distance longer than the one you are registered for, it will give you an error message and ask you to input manually. For example, if you register for the marathon and your Garmin says you ran 26.35 miles, our results system will require you to change your mileage to just 26.2 miles for proper submission.

**What:** You will be able to view comprehensive data including total miles, pace, elevation, and overall placement.

**Why:** Because you believe in a healthier community just as we do!

## **RACE PACKETS**

There are two options for obtaining your race packet.

OPTION 1 - Pickup your race packet at our traditional Clayton Health and Fitness Expo. This will be held on Saturday, April 6, at the World's Fair Exhibition Hall (935 World's Fair Park Drive). The hours of the Expo are 9 am - 8 pm Eastern. This is the time and location that participants in the live, in-person events will also pick up their packets.

OPTION 2 - Have your packet shipped to you **starting the week of April 8**.

For an \$8 shipping charge per packet, we are offering to ship packets to virtual participants starting the week of April 8 (**after** event weekend). If you want us to do this for you, you **MUST** visit our merchandise store and purchase this item. Click [here](#) to have your virtual race packet shipped. (The item is at the bottom of the merchandise store webpage).

Please note that we will only ship packets to participants in the virtual events; we will not ship them to participants in the live, in-person events.

Thanks again for participating in one of our virtual events this year. We appreciate your support!