

2026 Water Stop Locations

Stop #	Approx. Mile	Location- *GU Stops Highlighted*	Approx. First/Last Runner	Group
1	2	Across from 3rd Creek Greenway Parking Lot on Neyland Dr.	7:40 / 8:45	SDHS ROTC
2	3	Crescent Bend-Kingston Pike	7:45 / 9:00	Girls On The Run
3	4.5	Woodland & Keowee @ Cherokee Blvd.	7:50 / 9:30	Casual Pint Northshore
<b>*4*</b>	<b>6.3</b>	<b>Chickasaw @ Cherokee (GU)</b>	<b>8:00 / 10:00</b>	<b>UT PD</b>
5	7.8	Western Plaza	8:00 / 10:15	Performance Training Inc.
6	9	200 m. East from West HS, entrance of 3rd Creek Greenway	8:15 / 10:35	Lululemon
7	10.7	Tyson Park Under Bridge	8:15 / 10:55	Aaron Harris
8	13	World's Fair Park & L&N Station	8:25 / 11:25	Junior League of Knoxville
9	15	Luttrell & Caswell White House #930 on right	8:30 / 11:45	4th & Gill Neighborhood Assoc.
<b>*10*</b>	<b>17</b>	<b>Caswell Park (GU)</b>	<b>8:40 / 12:00</b>	<b>Parkridge Community Group</b>
11	19	E. Hill Ave. (Knox Animal Control side)	8:50 / 12:35	Knoxville 1ST Seventh-Day Adventist
<b>*12*</b>	<b>20.8</b>	<b>In Front of Trailhead (GU)</b>	<b>9:15 / 2:20</b>	<b>AMBC</b>
13	22	TSD	9:20 / 1:55	Island Home Community Group
<b>*14*</b>	<b>~23</b>	<b>In Front of Trailhead (GU)</b>	<b>Same stop as 12</b>	<b>AMBC</b>
15	~24	E. Hill Avenue/ Volunteer Landing Ln.	9:30 / 2:25	RiverHill Gateway Neighborhood Assoc.
16	~26	Staff Lot 7	9:35 / 2:45	Parks & Greenways Group